Dear Parents/Carers,
Principal’s report – Week 2
Welcome back to our students, staff and families to the final Term of the 2016 school year. As always this term promises to be busy yet rewarding. The busy schedule of Term 4 has begun and I would like to congratulate our students on the way they have gotten straight back to the business of learning and school life.

Please remember that next Monday 17th October is a PUPIL FREE DAY.

We are preparing for many activities, celebrations and ceremonies planned to cap off a great year. These include; Prep information session, Eisteddfod, Prep Orientation Day, Prep- year 6 swimming, School Disco, Year 6 Camp Eagle, Year 6 Graduation and awards evening, Christmas Concert and Incentive Day trip to the Blue Lagoon. Remember to keep up-to-date with all the happenings at school by accessing our weekly newsletters, website and Facebook sites. We also use text messages to ensure important messages are received so please make sure that up-to-date phone contacts have been supplied.

School Lunches
For the health and maximum learning opportunities of our students, it is vitally important that they receive a balanced and healthy school lunch each day. A balanced lunchbox should contain a variety of nutritious foods from each of the five food groups –grains, fruits, vegetables, dairy and protein. Variety ensures children obtain a range of important nutrients, essential for growth and development, and keeps them alert throughout the school day.

5 great reasons to create a healthy lunchbox
1. Smart kids – studies have proven the link between eating a balanced diet and improved cognitive performance.
2. Active kids – a healthy lunch and snacks will keep kids feeling energetic all day and avoid the afternoon slump.
3. Healthy weight – eating nutritious foods, and keeping processed foods to a minimum, will help ensure kids maintain a healthy weight.
4. Good habits for life – kids who eat healthily now are more likely to maintain healthy habits through adolescence and adulthood.
5. Healthy bodies – a balanced diet means healthy bones, teeth, immune function and countless other health benefits.

Eisteddfod
We are into the final week of rehearsals for our Eisteddfod pieces. The staff and students have done a tremendous job preparing each class and we look forward to continuing the great success of our students from previous years.

Performances begin tomorrow with our recorder band and instrumental musicians will later in the week. Our choral speaking section begins next Tuesday (Prep, Year 6 & Year 5) and continues Wednesday (Year1 & 4) and Thursday (Year 2 & 3).
STUDENT ABSENCES.
In line with the Education Act regarding compulsory attendance, it is necessary for Parents/Caregivers to provide a letter of explanation, or phone the school, regarding their child's absence from school. To date this term, we already have a large number of unexplained absences which Education Queensland will require us to report on. If your child is absent for any reason, please advise with a note on their return to school, or phone call to the office.

Our new phone system is set up to record your student's absence. When you ring the school number, just press 1 on the keypad and record student's absence details. If you wish to use this option, this will save you forwarding notes to the Class Teacher.

OCTOBER
◆ Asher Grigg
◆ Matthew Freeman
◆ Logan Cavanagh
◆ Miguel Cheng
◆ Benji Javier
◆ Savannah McCarthy
◆ Zane Cavanagh
◆ Justine De Guzman
◆ Andrei Jayma
◆ Scott Horsfall
◆ Chad Stone
◆ Liteeana Larry-Wilson
◆ Jaimie Stevenson
◆ William Lunar
◆ Akshaal Nath
◆ Kristine Ganalon
◆ Merissa Luxton

STUDENT OF THE WEEK
WEEK BEGINNING 10/10/2016
PREP: Nicole Hembra
Wow! Thanks for the great effort you have been putting into the eisteddfod rehearsals.

YEAR 1: Marika McBrown
For doing a wonderful job with her re tell writing!

YEAR 2: Arriana Peepe
For the amazing effort you put into writing an informative report on Loggerhead Sea Turtles.

YEAR 2: Tahana Peepe
For the amazing effort you put into writing an informative report on Loggerhead Sea Turtles.

YEAR 3: Aizy Gatchalian
WOW! Outstanding effort in all bookwork activities! Well done Aizy!

YEAR 4/5: Lilli Povey-Jahnke
Settling into our school with a beautiful smiling face.

YEAR 5: John Santiago
For your great effort in producing a creative and accurate story designed to entertain. Well done, John!

YEAR 6: Akshaal Nath
For always demonstrating our school's behaviour expectations and being a conscientious student.

P&C NEWS

Help us build our Eco-friendly giant Christmas tree!
P&C is collecting empty softdrink/water bottles (Coke, Sprite, Fanta, Pepsi, Mountain Dew and any 1 litre or 1.5 litre bottle). A drop box will be placed at the school's foyer starting today. The more bottles we collect the bigger our Christmas tree will be so start bringing in your bottles now.